the children's hospital at Westmead

Tea and Coffee BURN LIKE FIRE!

FIRST AID FOR BURNS: If a student is burnt by hot liquid, you should:



1. Remove the student's wet clothing immediately (be careful not to remove clothing that is stuck to the burn). Remove clothing so the student's privacy will not be compromised.



2. <u>Cool the burnt area</u> under running tap water for a <u>minimum of 20 minutes</u> while keeping the student warm.



3. <u>Do not use ice, iced water or any creams</u> <u>or lotions</u> on a burn – these can make it more severe.



4. In an emergency call 000.

Parents and carers should seek medical advice if the burn involves the face or neck or if there is a raw area left by the burn. Apply a sterile non-stick dressing to help prevent infection.