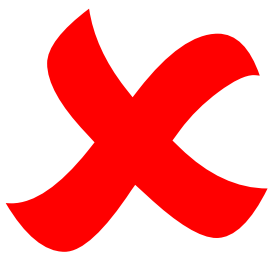


Prevention of Hot Ash Burns Factsheet

- Hot ash burns from improperly extinguished fires are a common cause of burn injury to very young children in rural Australia.
- Hot ash burns typically occur in young children around 2 years of age, boys or girls alike.
- Burns usually happen to the soles of the feet, and often hands and knees when the child sinks into the hot sand and falls over.
- **Young children have fragile skin and their skin burns deeper and more quickly than adults and at lower temperatures**



- ✓ Do put out campfires with water
- ✓ Do check camping areas upon arrival for remnants of campfires left by previous campers
- ✓ Do insist on children wearing footwear when playing outside
- ✓ Do use a ring of stones to mark an area around the campfire



- ✗ Do not leave children unsupervised in a campsite area or near campfires
- ✗ Do not cover campfire with sand or dirt



First Aid for Burns

If you, or someone you know is burnt, take the following actions:

1. Remove clothing and jewellery
2. Apply cool running water to the burn for at least **20 minutes**
3. Cover burn with clean cloth and keep the patient warm
Do NOT use ice, butter, creams, etc
4. Seek medical attention for any burn bigger than 3cm, or with blisters, or if any other concerns are present